

LUNCH MENU

11am - 4:00pm Mon. – Fri., Excluding Holidays

Shakes & Floats

Classic Milkshake-
Spoonable thick and custom blended
with 3

Your favorite ice cream
flavor

**Oreo® Cookies &
Cream Milkshake-**
3.5
Creamy vanilla ice cream
blended with milk and Oreo
cookies

**Girl Scout Cookie
Milkshake-** Creamy mint
chocolate chip 3.5
ice cream blended with Milk
and oreo cookies

Eggcream - A New York
Classic: chocolate syrup
3
seltzer and milk (This
product contains no eggs or
cream)

Creamsicle- Orange Soda
and vanilla ice cream
2.5

Root Beer Float- Root
beer soda and vanilla ice
cream 2.5

Black Cow- Root beer,
vanilla ice cream and
chocolate syrup 2.5

Soft Drinks – Pepsi, diet
pepsi, root beer, sierra mist,
orange,

pink lemonade
unsweetened iced tea
2

Espresso Café Menu

Single Espresso

2
Double Espresso 3
Café Latte- Double shot
of espresso with hot milk and foamy
3.5

steamed milk on top

Cappuccino- A shot of
espresso in an 8oz. cup with equal
parts 3.5

of steamed milk & foam

Macchiato- A double shot
of espresso with a dollop of foamed
3

milk on top

Café Viennese- Single
cappuccino topped with whipped
cream 3.5

and a sprinkle of cinnamon

Mocha Ghirardelli®-
Espresso with Ghirardelli chocolate 4
and steamed hot milk with a
float of whipped cream

Hot Chocolate- Hot milk
and chocolate, topped with
3

whipped cream

sundried cranberries, pears, almonds, gorgonzola cheese and peach vinaigrette
(12)

Southwestern Salad – grilled chicken breast, cheddar & jack cheeses,
tomatoes, avocado, black bean corn salsa, chorizo and chipotle ranch dressing
(12)

Mixed Grill Salad –Grilled steak and herb marinated chicken with grilled
vegetables, mixed greens, balsamic vinaigrette and tri-colored tortilla chips
(13)

Colonial Salad – choice of tuna salad, chicken salad, egg salad served with
greek salad and toasted pita bread (10)

Trio of Salads – scoop of chicken, solid white albacore tuna and egg
salads, atop mixed greens, cucumber, tomatoes, red onions (10)

Americana Sliced Fresh Fruit Platter – seasonal fresh fruit, Greek
yogurt with honey and walnuts, served with lightly toasted banana nut bread
(10)

MAIN COURSE– (Add salad bar to any main course 4) (No sharing or transferring of salad bar)

Sautéed Tilapia Provencal – herb-dusted tilapia, black olives, tomatoes
and capers in a garlic basil white wine sauce with broccoli and rice (12)

Hand Cut Chatham Cod Filet – baked with spinach, artichokes and
cream. Served with roasted potatoes and vegetables (12)

Teriyaki Glazed Salmon – grilled with teriyaki glaze. Served with rice
and mixed vegetables (13)

Flounder Francaise – golden egg dipped cutlets in a white wine lemon
butter sauce. served with rice and broccoli (13)

Fish & Chips –market fresh battered cod filet with French fries, tartar sauce
and coleslaw (11)

Jumbo Fried Shrimp – buttermilk dipped jumbo shrimp, French fries,
coleslaw, homemade cocktail sauce (12)

Roasted Turkey – apple sage stuffing, whipped potatoes, cranberry sauce,
seasonal vegetables and sage pan gravy (10)

Herb Roasted Semi Boneless Half Chicken – with apple sage
stuffing, natural juices, fresh seasonal vegetables and whipped potatoes (10)

Chicken Francaise – golden egg dipped cutlets in a white wine lemon
butter sauce served with rice and broccoli (11)

Chicken Marsala- sautéed chicken breast, mushroom marsala wine sauce,
rice and seasonal vegetables (11)

Carolina Chicken Pot Pie – Fresh roasted chicken, celery, carrots and
peas in a supreme sauce, topped with a puff pastry (9)

Chicken Parmesan – traditionally served with linguini marinara (11)

Chicken Gaeta – sautéed chicken breast, artichoke hearts, peas, roasted
peppers, white wine sauce, rice and broccoli (11)

Crispy Fried Chicken – four piece honey dipped fried chicken with french
fries and coleslaw (9)

Mile High Meatloaf – on homemade rye bread, topped with whipped
potatoes, mushroom gravy, frizzled onions and vegetables (11)

Chopped Sirloin Steak – sautéed mushrooms, onions, gravy, whipped
potatoes and seasonal vegetables (9)

Potato Pierogies – carmelized onion, wild mushroom ragu, marsala wine,
cream and basil. Served with sautéed vegetables (9)

Sautéed Liver – onions, mushrooms, bacon, sherry wine sauce, served
with mashed potatoes and mixed vegetables (10)

Penne and Chicken Bernardino – whole wheat pasta, chicken breast,
tomatoes, basil, spinach, toasted garlic, roast chicken jus (11)

Chicken Feta – Herb crusted pan seared breast of chicken, roasted
tomatoes, feta cheese, lemon olive oil, roasted potatoes and broccoli (11)

Fettuccine Alfredo – in a traditional parmesan cream sauce (9) add grilled
chicken (4) add shrimp (7)

Angel Hair Giardino – Spinach, roasted peppers, toasted garlic, portabella
mushrooms, basil and olive oil (9)

Penne a la Vodka – penne tossed in a tomato cream sauce with peas and
cracked black pepper, flamed in vodka (9) add grilled chicken (4) add shrimp
(7)

SALAD, SOUP AND POTATO BAR (8.50) The finest hand-selected produce. Amazingly fresh, healthy and satisfying. (PLEASE NO SHARING OR TRANSFERRING OF SALAD BAR)

FIRST COURSE

Ultimate Potato Boats – with Monterey jack and cheddar cheese
bacon, and sour cream (7)

Potato Pancakes – shredded potato fried with scallions and garlic
seasoning. Served with apple sauce (6)

Pigskin Pierogies – mini potato pierogies wrapped with bacon and
jalapeno peppers and fried. Served with sour cream (6)

Chicken Fingers –Served with honey mustard sauce (7)

Homemade Mozzarella Triangles - lightly breaded and served
with marinara sauce (7)

Blackened Chicken Quesadilla- Monterey jack and cheddar
cheese, sour cream, guacamole, pico de gallo (8)

Buffalo Chicken Tenders or Buffalo Chicken Wings – celery
sticks, bleu cheese dressing (7)

Crispy Calamari –chili-lime sauce & marinara sauce (8)

Spinach, Artichoke & Cheese Dip - tri-color tortilla chips (8)

Crispy Baked Nachos – crispy tortilla chips baked with sharp
cheddar and Monterey Jack cheeses, jalapenos, pico de gallo, olives (8)

MAIN COURSE SALADS

Chicken Waldorf Salad – grilled chicken and granny smith apples
with celery, tomatoes, grapes, and walnuts over mixed greens (12)

Cobb Salad - roasted turkey, bacon, bleu cheese, hardboiled egg,
tomato, and avocado. Served with your choice of dressing (10)

Mediterranean Salad – chopped greens, fresh mozzarella,
kalamata olives, artichoke hearts, roasted peppers, tomatoes, almonds,
chicken, bleu cheese (12)

Skylark Salad - mesclun greens, pears, red onion, dried cranberries,
candied walnuts, crumbled bleu cheese, aged sherry dressing (8)

Greek Salad - tomatoes, cucumbers, red onions, kalamata olives, feta
cheese, red wine vinaigrette, garlic crostini (10)

Caesar Salad - crisp romaine, shaved parmesan, croutons, Caesar
dressing (7) with grilled or blackened chicken (add 4); with garlic grilled
shrimp (add 7)

Gorgonzola & Romaine Salad –chicken breast, romaine lettuce,

BURGERS AND GRILLED CHICKEN SANDWICH CHOICES

• *Ground Angus beef on toasted brioche* (5.5)

• *Turkey burger served on toasted brioche* (5.5) • *Char-grilled chicken breast served on olive oil-grilled hoagie roll.* (5.5)

• *Vegetable burger-- blend of vegetables, rice, and oats on brioche* (5.5)

Served with coleslaw and pickle. Add French Fries (1) Add Soup, Salad & Potato Bar (4) (No sharing or transferring of salad bar)

St. Louis - grilled onions, mushrooms, mozza

rella (7.5)

Pesto - grilled tomatoes, red onion, pesto, mozzarella (7.5)

Bacon Dijon - Canadian bacon, Swiss, honey mustard (8)

Caprese– fresh basil, roasted peppers, tomato, fresh mozzarella (8)

Western – bacon, cheddar jack cheese, onion rings, chipotle mayo (8)

Patty Melt – grilled onions, Swiss cheese (7.5)

Gorgonzola - scallions, shiitake mushrooms (7.5)

Santa Monica – avocado, baby spinach, grilled onion, dijon balsamic (8)

Pizza - mozzarella, marinara dipping sauce (7)

Mexicali - Monterey jack and cheddar, guacamole, pico de gallo (8)

Greek - pita, feta, shredded lettuce, tomatoes, cucumbers, tzatziki sauce (8)

Hickory - Canadian bacon, cheddar cheese, BBQ sauce (8)

SANDWICHES & WRAPS

Served with coleslaw and pickle, Add French fries (1), Add Salad, Soup and Potato Bar (4) (No sharing or transferring of salad bar)

Cuban Panini– smoked pork, ham, swiss cheese, mustard and pickles on grilled bread (10)

Pepper Jack Burger – pepper jack cheese, bacon, fried jalapenos, cheddar cheese sauce with lettuce tomato and onion on toasted brioche (8)

Chicken Reuben – grilled chicken, sauerkraut, Russian dressing, and Swiss cheese on grilled rye (8)

Soup and Half Sandwich - choice of turkey, ham, roast beef, tuna salad, egg salad, chicken salad, pastrami or corned beef (7)

French Dip – roasted beef, sautéed onions, provolone cheese, homemade jus (8)

Grilled Flank Steak sandwich – blue cheese, spinach, fried onions, grilled tomato (9)

Crispy Chicken Sandwich - lettuce, tomato, mayo (7)

Texas Grill – Roast beef, cheddar cheese, tomatoes, onions, horseradish sour cream, rye bread (9)

Triple Decker Turkey Club - bacon, lettuce, tomato, mayonnaise, white toast, (9)

Crab Cake Sandwich - lettuce, tomato and a cajun remoulade on brioche roll (8)

Tomato and Fresh Mozzarella - black olive tapenade, fresh basil (7)

Classic Reuben - corned beef, sauerkraut, Russian dressing and Swiss cheese on grilled rye (10)

Grilled Chicken & Spinach - onions, balsamic vinegar, mozzarella, grilled whole wheat (8)

Chicken Salad Sandwich - toasted whole wheat (7)

Egg Salad Sandwich- toasted white bread (6)

Albacore Tuna Salad Sandwich - toasted rye (7)

Tuna Melt – roasted tomato, Swiss cheese on grilled rye (9)

B.L.T. - bacon, lettuce, tomato, mayonnaise, white toast (7)

Grilled Cheese – white bread (5) add bacon (1.5), add tomato (.5)

Shaved Rib Eye Sandwich - provolone, fried onions, mushrooms (8)

Roast Beef Sandwich – lettuce, mayonnaise on rye bread (8)

Roasted Turkey Sandwich- lettuce, mayonnaise on rye bread (7)

Beef Gyro or Chicken Gyro – shredded lettuce, tomato, tzatziki sauce, onions, feta cheese in a pita (9)

Monte Cristo – oven-roasted turkey, Virginia ham, Swiss cheese on French toast bread (9)

Fried Tilapia Sandwich - lemon caper mayonnaise, lettuce, tomato, onion on toasted rye bread (8)

Sloppy Joe - turkey, pastrami, corned beef, coleslaw, Russian dressing, rye bread (12)

City Grill - pastrami, Swiss cheese, tomato, bacon, coleslaw, Russian dressing, grilled rye bread (10)

BBQ Pulled Pork Sandwich – cheddar cheese, red onion (8)

Corned Beef Sandwich or Pastrami Sandwich – on rye bread (9)

Phoenix Wrap – blackened chicken, avocado, black bean salsa, shredded lettuce, chipotle ranch (8)

Portobello Greek Wrap – grilled portobello mushrooms, roasted peppers, tomato, feta, olives and romaine in a garlic herb wrap (7)

Balsamic Chicken Wrap – herb grilled chicken, green leaf lettuce, onions, tomatoes (7)

Monte Carlo Wrap - grilled vegetables, spinach, portabella mushrooms, fresh mozzarella, balsamic vinaigrette (7)

Caesar Wrap - grilled chicken, croutons, romaine, caesar dressing, (7)

California Turkey Wrap - avocado, tomatoes, roasted garlic peppercorn dressing (8)

Yankee Wrap - buffalo chicken tenders, celery, lettuce, bleu cheese dressing (8)

BREAKFAST FAVORITES

Breakfast Hot Dog – Sabrett all beef hot dog wrapped in bacon, deep fried on a roll with fried eggs and american cheese. served with home fries (8)

Apple Cinnamon Crepes - whipped or sour cream, toasted banana bread, fresh fruit (8)

Athenian Feta Crepes - tomatoes, spinach, fresh basil, feta, tzatziki sauce and grilled zucchini (8)

Strawberry Crepes - whipped or sour cream, toasted banana bread, fresh fruit (8)

Huevos Rancheros - fried eggs, tomato salsa, shredded cheese on crispy tortillas, with a black bean cajun ham hash (9)

Bagel Deluxe - house smoked salmon, lettuce, tomatoes, black olives, red onions, diced egg, capers, cream cheese (14)

EGGS & BENEDICTS

2 Eggs Any Style with Home Fries – (4.50) with bacon, grilled ham, pork roll, Canadian bacon, pork or turkey sausage (7)

2 Eggs Any Style with homemade corned beef hash or turkey hash (8) grilled rib eye (16)

Eggs Benedict - Canadian bacon, english muffin, hollandaise sauce (9) **Salmon Benedict** - house smoked salmon, english muffin, tzatziki sauce (12)

PANCAKES, FRENCH TOAST AND WAFFLES

Blueberry French Toast – thick cut blueberry bread, powdered sugar and maple syrup (6)

Cinnamon French Toast– (5) with bacon, grilled ham, pork roll, Canadian bacon, pork sausage, turkey sausage or strawberries and bananas (7.5)

Buttermilk Pancakes– (5) with bacon, grilled ham, pork roll, Canadian bacon, pork or turkey sausage, strawberries & bananas, or blueberries (7.5)

Belgium Waffle – (5) with chocolate, vanilla or strawberry ice cream (7) with strawberries and bananas (8)

OMELETTES - Additional \$1.50 for egg whites or egg beaters

Memphis – bbq pulled pork, onions, cheddar cheese (9)

Monte Bianco – portabella, fresh mozzarella, sun-dried tomatoes (9)

Chorizada – chorizo, cilantro, scallions, Monterey Jack, cheddar (9)

Brooklyn – smoked salmon, red onions, sun-dried tomatoes, capers (11)

Florentine – spinach, mushrooms, feta cheese (8)

Western – ham, onions, peppers (8)

Farmer's – broccoli, zucchini, tomatoes, mushrooms, onion, peppers (8)

Greek –feta cheese, fried potatoes, tomatoes (9)

Irish – corned beef, potatoes (9)

Louisiana – cajun chicken, portabella mushroom, asparagus (9)

Italian –sausage, onions, peppers, mozzarella, mushroom, marinara (9)

Deli – corned beef, pastrami, Swiss cheese (9)

B.T.O. – basil, tomatoes, onion (8)

Frittata Mediterranean – basil, kalamata olives, roasted pepper,

onions, feta, and parmesan cheese